

CHAPEL HOUSE

STUDIOS A SPACE TO [MOVE]

We will continue to review and adapt our policies as necessary. Chapel House is committed to providing space to teachers, therapists, their students and clients that promote an environment where individuals feel welcomed.

STUDIO ETIQUETTE

- Strictly no outdoor shoes permitted inside Studio 1. The studios have specialist Harlequin Sprung Floors. Only clean fitness trainers/dance shoes that have not been worn in the street may be used. We wish to keep the floors uncontaminated from street muck and also grit, which can damage the floor surface.
- No food (including chewing gum) or drinks are to be consumed in the studios, with the exception of bottled water - for safety, no glass bottles please.
- No floor marking may be made in the studios. (e.g gaffer tape/masking tape/chalk marking etc.)
- Strictly no candles, open flames or incense are permitted on the premises.
- The use of art materials, such as paint, glues, charcoal, crayons etc. are not permitted in the rooms.
- The studio is fitted with sound systems (CD, ipod dock, USB port). The Volume of music must not exceed the maximum level indicated on the sound system. It is not permitted to use your own sound system or other electrical items at the Centre, without prior permission and PAT test certificates.
- Please ensure you complete your class on time and vacate the space at the end of your paid booking time. Please do not over run, please respect your allotted time slot and ensure you finish your class on time.
- USING THE STUDIO:
 - Please encourage your students to bring their own mats to studio classes. Some yoga props are available, if used; please return them with care and consideration as you found them.
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 - The cool/heat unit should be kept on 'warm' at all times during cold weather months and kept on 'cool' during the warm weather months. Do not change the temperature from 19. It is an Air exchange unit (it is situated on the roof). The machine's job is to exchange the studio air for fresh. We have this unit professionally serviced regularly.
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 - Windows can be half opened or fully opened (use the stepladder provided)

